

ANDERSON UPPER CERVICAL

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Medicines vs. Drugs



You may be wondering why everyone at Anderson Upper Cervical refers to over-the-counter (OTC) 'medicine' & prescription (Rx) 'medicine' as drugs.

It's because they are ALL DRUGS

To be specific:

All medicines are drugs but not all drugs are used as medicines

So the Aleve for headaches is just as much a drug as Percocet (both considered medicine).

This is an important distinction because we are conditioned through years of advertising & propaganda, to believe medicine is good for us & drugs are not.

Everything you ingest or get injected into your body causes a reaction of some kind.

Drugs are a big business -- its overuse & overdosing has caused immeasurable heartbreak with addiction & death. **You** have to be **your** own advocate & be educated about what **you** put in **your** body.

Ask questions -- stay informed -- do your own research

2017 Facts:

- ❖ Over 72,000 drug overdose deaths in the U.S.
 - 75% of which caused by Opioids
 - Opioids are a class of drugs that include the illegal drug heroin, fentanyl, & pain relievers, such as oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, morphine, & many others.

In 2010, 2.4 million people age 12 or older began using prescription drugs for non-medical reasons (i.e., used other than in the manner prescribed, using someone else's prescription, using for the effect it causes to get high.)