## ANDERSON UPPER CERVICAL

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# Support Local Retailers

If you'd like to support local retailers that do **not** have a mandate for customers to wear a mask, we have done some of the leg work for you. Feel free to tell them Anderson Upper Cervical recommended them & why.

## Dixie Delight Candles Country Produce Store

968 Hiram Douglasville Hwy ~ Hiram 30141 678-567-1444 Mon-Fri 9a-8p, Sat 9a-6p, Sun 11a-6p

Mostly local & many organic options

Fruit / Vegetables / Eggs / Meats / Jams / Canned Southern Items / Local Honey / Plants / Candles / Basket options available that include Fruit-Veg-Meat-Keto Friendly / & other fun stuff ... a must place to check out

## Harvest Time Market

1658 Mulberry Rock Rd ~ Dallas 30157 678-952-4313 Mon-Sat 9a-7p, Sun closed

Small market – limited selections but mostly local

Fruit / Vegetables / Eggs / Cheese / Meats / Seafood / Jams / Canned Southern Items / Local Honey ... known for their meat & it is a cleaner taste & look vs. grocery chain stores

#### **Elrods**

260 Merchants Drive ~ Dallas 30132 770-445-8577 Mon-Fri 7:30a-6p, Sat 7:30a-2p, Sun closed

Garden center with feed & seed / local honey

The Veggie Lady @ Lake Ramona [Lisa Whitfield]

141Waters Road ~ Hiram 30141 678-232-9789 Mon/Wed/Fri 4p-6:30p, Sat 8a-12p

At her tent or inside bldg. Accepts cash/cash app/venmo

Vegetables from her garden harvested that week & homemade jams/jellies

### Georgia Meat & Groceries

3659 Atlanta Hwy ~ Dallas 30132 678-363-8022 Mon-Thu 9:30a-4p, Fri 9:30a-5p, Sat & Sun closed

Meat / Seafood / Vegetables / Eggs / Frozen vegetables / Local honey Specialize in bulk items & large cuts of meat

## Food Depot

2985 Villa Rica Hwy ~ Dallas 30157 770-445-4105 Mon-Sun 7a-9p

Traditional grocery store but half the size of a typical chain grocery store

## **ONLINE OPTIONS** that are both subscription based – code offers discount:

Thrive Market [www.thrivemarket.com] <a href="http://thrv.me/thXcNB">http://thrv.me/thXcNB</a> [Marianne's a subscriber]

Misfits Market [www.misfitsmarket.com] COOKWME-PF7DQT [patient recommended]